



SPECIAL EU PROGRAMMES BODY

Project Case Study: 'Life, Family, Fun and Living through a Pandemic' Webinars

THEME:

Building Positive Relations:
Regional Level Projects

FUNDING(ERDF+MATCH):

€1,219,468.21

MATCH FUNDERS:

The Executive Office NI &
Department of Rural and
Community Development,
Ireland

LEAD PARTNER:

Lifestart Foundation Ltd

PROJECT PARTNERS:

Lifestart Services Ltd, Sligo
Family Services, Dunluce Family
Centre, The Junction and
Barnardos

Start Date: 01/12/2017

End Date: 30/11/2021



www.lifestartfoundation.org



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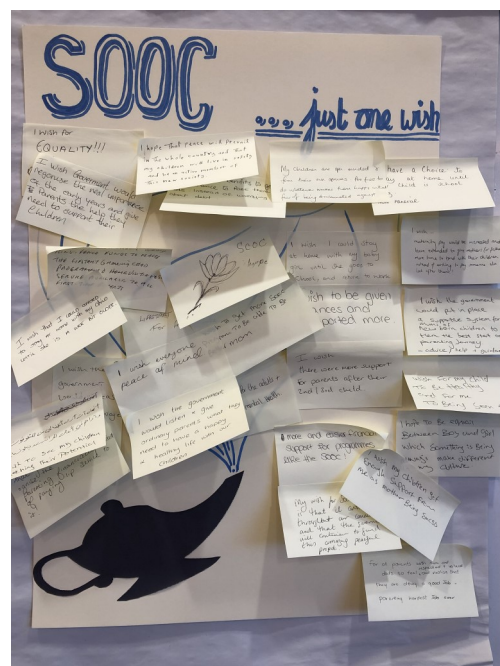
@shapingourselvesandourchildren

In February 2021, the Shaping Ourselves and Our Children project (SOOC) adapted its online delivery to begin rolling out a series of webinars around 'Life, Family, Fun and Living through a Pandemic.'

The topics covered as part of these webinars will be of interest to all parents, grandparents or anyone who has a special child in their life, and will give participants an opportunity to talk about their hopes and fears for their children.

The programme's content will include important aspects of child development such as: attachment, self-esteem, communication, behaviour and empathy; as well as providing an understanding as to how our attitudes to diversity are passed on to our children.

A small allowance towards babysitting costs will be provided by SOOC for anyone worried about taking on the course with dependant responsibilities. Additionally, SOOC will provide users with a selection of children's books (celebrating diversity) and a series of customised SOOC booklets, surrounding key aspects on child development.



Activity board used during group sessions prior to COVID-19, when participants were encouraged to share their hopes for their children's future and discuss with other members of the group. This will be a key part of the new online webinars.