



SPECIAL EU PROGRAMMES BODY

Project Case Study: Delivering Life-Changing Results for 2,000 Families with Early Intervention Approach to ADHD



THEME:

Health: Cross-border Health & Social Care

FUNDING (ERDF+MATCH):

€2,662,684.15

MATCH FUNDERS:

Department of Health Northern Ireland & Department of Health, Ireland

LEAD PARTNER:

Archways

PROJECT PARTNERS:

Dundalk Institute of Technology, Colin Neighbourhood Partnership, NHS Highland, The Genesis Programme

Start Date: 01/09/2016

End Date: 30/04/2021



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Almost 2,000 families reported life-changing benefits as a direct result of taking part in the cross-border, Changing Lives Initiative.

The project was designed to support parents and guardians struggling with young children (aged 3-7) displaying behaviour consistent with Attention Deficit Hyperactivity Disorder (ADHD).

A project report was produced in April 2021, detailing the key findings from several evaluations conducted as part of Initiative. Such findings added to the body of evidence in demonstrating significantly improved outcomes for families from this type of programme and the benefits of an early intervention, community-based approach to the issue of ADHD.

Key findings included:

- Parents/guardians reported improved disciplinary practices across all time points of the research. Specifically, they reported that since completing the ADHD-focused IY Parent Programme, they were more likely to employ positive parental strategies when their child misbehaved, less likely to overact and overall their disciplinary practices had improved after taking part in the parent programme.
- Parental reports also indicated a consistent improvement with regard to children's concentration, attention levels and distractibility.
- Parents/guardians saw reduced hyperactive and impulsive behaviours in their child after they had taken part in the parental programme.
- Participants in the ADHD IY Parent Programme reported high levels of satisfaction (with scores of 15.36 out of a possible 16 achieved).
- The implementation of the Initiative benefitted from cross-border training, knowledge sharing and the sharing of expertise and resources.

To view a copy of the report and for video interviews with participating parents click [HERE](#)