



SPECIAL EU PROGRAMMES BODY

Project Case Study : OUR Generation

THEME:

Building Positive Relations:
Regional Level Projects

FUNDING (ERDF+MATCH):

€6,121,342.97

MATCH FUNDERS:

Executive Office Northern
Ireland and the Department
of Rural and Community
Development Ireland

LEAD PARTNER:

Action Mental Health

PROJECT PARTNERS:

Donegal Youth Service,
Co-Operation Ireland, Youth
Action NI, Youth Work
Ireland, PlayBoard NI and
Ulster University, Sticky Fin-
gers Arts, Rural Community
Network NI Rural Women's
Network, Mental Health Ire-
land and New Life Counsel-
ling

PROJECT CONTACT:

cscullion@amh.org.uk

Start Date: 01/01/2020

End Date: 31/12/2022



@OurGenCYP



@OURGenera-
tionCYP

The cross-border OUR Generation will support communities in tackling post-conflict resilience and peace-building throughout Northern Ireland and the Border Region of Ireland by supporting the mental and emotional well-being of participants.

It will reach approximately 36,000 children, young people and adults by collaborating with existing community-based initiatives to offer accessible, age appropriate prevention, early intervention and recovery activities delivered on a cross-border and cross-community basis. Children and young people will engage in programme design and delivery, including provision of peer support, developing skills and confidence to improve well-being within their communities and act as agents of change, building peace for future generations.

“The legacy of the conflict has left an impact on many communities in Northern Ireland and Ireland, which is still evident across generations of adults and young people. This innovative new project provides an unprecedented opportunity for communities, North and South of the Border, to come together to halt the intergenerational impact of the trauma and build emotional resilience and peace for generations to come.”

David Babington, CEO of Action Mental Health



OUR Generation will benefit 36,000 children, young people and adults



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The partnership will build on best practice approaches and innovative solu-
tions, such as digital resources which will build peace through emotional resil-
ience and extend the reach and legacy of the project.

Programmes will be delivered on a cross-border and cross-community basis
with activities and events not only meeting the needs of local children and
young people, but will provide opportunities for shared learning and contact.
Such activities will build participants empathy, intercultural awareness and
good relations and, will in turn, contribute to the promotion of greater levels of
peace and reconciliation within local communities for generations to come.

*“I’m delighted to have contributed to the design of this ground-breaking pro-
ject integrating peace-building and emotional wellbeing. Our team at Ulster
University are overseeing the delivery of a suite of trauma-informed resilience
programmes, to reduce the risk of mental illness later in life. Our vision is that
the next generation will be strong resilient and empathic.”*

Siobhan O’Neil, Interim Mental Health Champion for Northern Ireland



Pictured at the project’s official launch are (l-r): David Babington, CEO Action
Mental Health; Junior Minister Declan Kearney, the Executive Office Northern Ire-
land; Professor Siobhán O’Neill, Interim Mental Health Champion for Northern Ire-
land; Gina McIntyre, CEO of the SEUPB; and Rosaline Keenan, Senior Manager
Service Reform (Progressing Mental Health Services) at the HSE, Ireland.