



SPECIAL EU PROGRAMMES BODY

Project Case Study : Our Generation

THEME:

Building Positive Relations:
Regional Level Projects

FUNDING (ERDF+MATCH):

€6,121,342.97

MATCH FUNDERS:

Executive Office Northern
Ireland and the Department
of Rural and Community
Development Ireland

LEAD PARTNER:

Action Mental Health

PROJECT PARTNERS:

Donegal Youth Service,
Co-Operation Ireland, Youth
Action NI, Youth Work
Ireland, PlayBoard NI and
Ulster University, Sticky Fin-
gers Arts, Rural Community
Network NI Rural Women's
Network, Mental Health Ire-
land and New Life Counsel-
ling

PROJECT CONTACT:

ajones@amh.org.uk

Start Date: 01/01/2020

End Date: 31/12/2022



www.amh.org.uk



@amhNI



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The cross-border Our Generation will support communities in tackling post-conflict resilience and peace-building throughout Northern Ireland and the Border Region of Ireland by supporting the mental and emotional well-being of participants.

It will reach approximately 35,000 children, young people and adults, with programmes including: accessible age appropriate prevention, early intervention and recovery activities.

The project was designed using the experience and expertise of the partnership to build on best practice approaches and innovative solutions, such as digital resources which will build peace through emotional resilience and extend the reach and legacy of the project.

“The legacy of the conflict has left an impact on many communities in Northern Ireland and Ireland, which is still evident across generations of adults and young people. This innovative new project provides an unprecedented opportunity for communities, North and South of the Border, to come together to halt the intergenerational impact of the trauma and build emotional resilience and peace for generations to come.”

David Babington, CEO of Action Mental Health





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A range of co-designed and quality assured programmes for children and young people will be developed. This will include emotional resilience, peer mentoring and assertive outreach models, promoting positive mental health and active citizenship.

Programmes will be delivered on a cross-border and cross-community basis with activities and events not only meeting the needs of local children and young people, but will provide opportunities for shared learning and contact. Such activities will build participants empathy, intercultural awareness and good relations and, will in turn, contribute to the promotion of greater levels of peace and reconciliation within local communities for generations to come.

Quote 2

Picture and caption 2